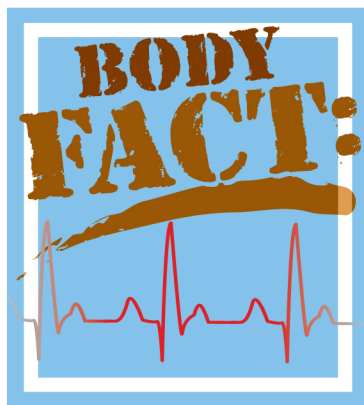




HIKING EXPOSES A PERSON TO
PLENTY OF SUNSHINE, WHICH
HELPS BOOST THE PRODUCTION
OF THIS VITAMIN IN THE BODY.

ANSWER: VITAMIN D

What's the Difference?

There are four differences between Picture A
and Picture B. Can you find them all?

A



B



Answers: 1. Clouds in sky 2. Mountain has a taller peak 3. Man's hat has pom-pom 4. Missing tree on right

THIS DAY IN...



HISTORY

- **1874:** THE UNITED STATES GREENBACK PARTY IS ESTABLISHED AS A POLITICAL PARTY MADE UP OF MOSTLY FARMERS.
- **1915:** ALBERT EINSTEIN PRESENTS THE FIELD EQUATIONS OF GENERAL RELATIVITY TO THE PRUSSIAN ACADEMY OF SCIENCES.
- **1984:** MUSICIANS RECORD "DO THEY KNOW IT'S CHRISTMAS?" FOR FAMINE RELIEF.

New word

BACKCOUNTRY

sparsely inhabited
rural areas

How they SAY that in...

ENGLISH: Hike

SPANISH: Caminata

ITALIAN: Escursione

FRENCH: Randonnée

GERMAN: Wanderung

Did you know?

HIKING BECAME A LEISURE
ACTIVITY IN EUROPE IN THE 1700S.

BEFORE THEN,
WALKING WAS
ASSOCIATED WITH
POVERTY.



GET THE PICTURE?



Can you guess what
the bigger picture is?

ANSWER: HIKING BACKPACK