



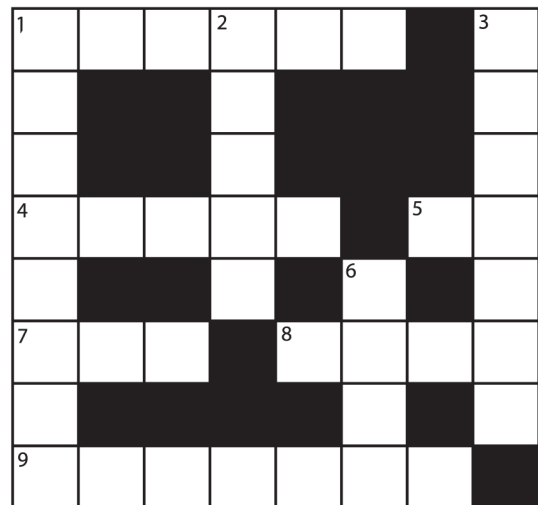
**THIS DAY IN...**



**HISTORY**

- **1861:** CONFEDERATE FORCES WIN THE FIRST BATTLE OF BULL RUN DURING THE AMERICAN CIVIL WAR.
- **1949:** THE U.S. SENATE RATIFIES THE NORTH ATLANTIC TREATY.
- **1970:** THE ASWAN HIGH DAM OPENS IN EGYPT.

**Crossword Puzzle**



**ACROSS**

1. Metal frames on a grill
4. Cup-shaped spoon
5. Midwestern state (abbr.)
7. Writing fluid
8. Venison
9. Comes together

**DOWN**

1. Cooking food over a flame
2. Place to eat a meal
3. Chicken or turkey
6. Unpleasant emotion

Answers:  
 Across  
 1. Grates 4. Ladle 5. IL 7. Ink 8. Deer  
 Down  
 1. Grilling 2. Table 3. Poultry 6. Fear

**HEALTH FACT:**



TRUE OR FALSE?

MARINATING FOODS THAT WILL BE GRILLED CAN REDUCE THE FORMATION OF CANCER-CAUSING CHEMICALS FROM FLAME-LICKED FOODS.

ANSWER: TRUE



**CHAR**

partially burn to blacken the surface

*How they SAY that in...*

- ENGLISH:** Grill
- SPANISH:** Parrilla
- ITALIAN:** Griglia
- FRENCH:** Gril
- GERMAN:** Grill

**Did you know?**

GRILLING COOKS FOOD DIRECTLY OVER HEAT, WHILE BARBECUING USES HEAT THROUGH CONVECTION OF HOT AIR. GRILLING IS FAST WHILE BARBECUING IS SLOW.



**GET THE PICTURE?**



Can you guess what the bigger picture is?

ANSWER: GRILLED STEAK