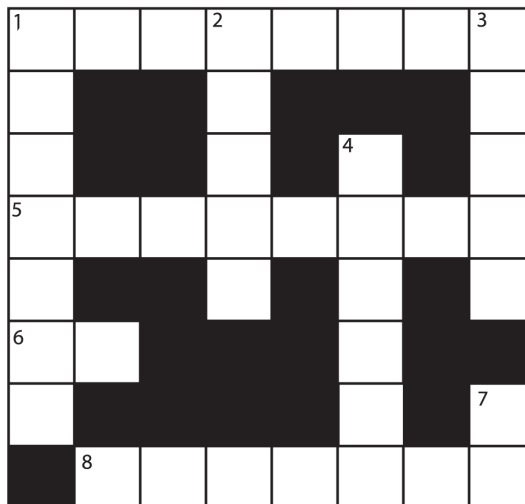




This activity can burn between 300 and 600 calories per hour, depending on how fast you move.

Answer: Roller skating

Crossword Puzzle



ACROSS

1. Slick
5. Casual cotton top
6. Negative
8. Loosen

DOWN

1. Riding on wheeled boots
2. Thick and soft
3. Children
4. Take control of something
7. Opposite of "off"

1. Skating 2. Plush 3. Youth 4. Hi! 5. Jack 6. On Down

1. Slippery 2. Tee shirt 3. No 4. Slacken Across

Answers:



1648: Boston shoemakers form the first American labor organization.

1898: The United States takes possession of Puerto Rico from Spain.

1989: The Space Shuttle Atlantis launches to deploy the Jupiter-bound Galileo space probe.



AXLE

metal rod on quad skates that holds the wheels



English: Skate

Spanish: Patinar

Italian: Pattinare

French: Patiner

German: Skaten



Roller skates may have a toe stop, also known as a plug, which is a rubber brake attached to the front of the skates.



Can you guess what the bigger picture is?

Answer: Roller skate boot